



## Scholarship Month

It is the time of year to remind students that scholarship deadlines are fast approaching. Typically students should begin this process in the junior year of school.

### EducationQuest for Nebraska based scholarships



is offered by the EducationQuest Foundation. This area is geared to

8th, 9th and 10th grade students. <http://www.educationquest.org/8th-10th-grade-students/>. Valuable resources to plan your funding, offer checklists and a reality checklist.



This program helps the juniors and seniors to choose their college by answering some questions. Included are important timelines for students and parents, checklists and

handbooks. <http://www.educationquest.org/11th-12th-grade-students/>

A chart is available listing Nebraska college locations, enrollment, tuition, books, and room and board costs. [http://apps.educationquest.org/pdfs/Coll\\_Chart\\_web.pdf](http://apps.educationquest.org/pdfs/Coll_Chart_web.pdf)

## How to Find and Win Scholarships

Dr. Dean Chavers, wrote this article detailing grants and scholarships for Native American.

As you continue to read, listed are additional resources for all minority youth, ideas how to write and format your scholarship essay and other information and valuable recommendations to consider on your search. Read more [http://catchingthedream.org/forms/find-and-win\\_scholarships.pdf](http://catchingthedream.org/forms/find-and-win_scholarships.pdf)

---

**EducationQuest Scavenger Hunt** \$500, Grades 9-12, Deadline: March 31, 2015. <http://www.educationquest.org/11th-12th-grade-students/scavenger-hunt-scholarship/>

**Scholarships.com** Search and apply for scholarships. Includes specialty grants for women. <https://www.scholarships.com/>

**Gates Millennium Scholars** Various amounts. Deadline: January 14, 2015 <https://www.gmsp.org/>

**Fastweb Scholarship Database** Scholarships based on your strengths, interests and skills. 1.5 million scholarship potential. <http://www.fastweb.com/>

**Intel Science Talent Search** <http://www.sciserv.org/sts>

**McDonald's Scholarships (Annual)** <http://www.mcdonaldsnymetro.com/>

**National Merit Scholarships** <http://www.nationalmerit.org/>

**College Board Scholarship Search** [http://apps.collegeboard.com/cbsearch\\_ss/welcome.jsp](http://apps.collegeboard.com/cbsearch_ss/welcome.jsp)

**All Native American High School Academic Team:** The American Indian Graduate Center. Deadline: March 6, 2015. <http://www.aigcs.org/scholarships/anahsat/>

**Accenture American Indian Scholarship.** Deadline January 30, 2015 <http://www.aigcs.org/scholarships/undergraduate-scholarships/>

**Susan Thompson Buffett Foundation.** Deadline February 1, 2015 <http://buffettscholarships.org/application-requirements>



# 7 Habits that will increase your child's intelligence

Candance Reid, Mom's Everyday

*This article, entitled [7 Good Habits That Will Increase Your Child's Intelligence At A Young Age](#) comes from partner site [serendipitymommy.com](#).*

If you have a young child, you know that children are like sponges. Their curiosity and passion for learning is what makes them so impressionable. According to [childrennow.org](#), "Investing in the first eight years is critical for children to succeed, both in school and in life." That's why it's so important to establish good learning habits early on. Take a look at these 7 habits that will increase your child's intelligence.

## 1) Nutrition

When most people think of nutrition, they think of the important role it plays in physical health. But did you know that nutrition is vital for mental development as well? During the first few years of life, nutrition will lay the foundation for how a child matures both mentally and physically.

[Urbanchildinstitute.org](#) states that, "A proper balance of nutrients in this formative period is critical for normal brain development. Shortages of nutrients such as iron and iodine can impair cognitive and motor development, and these effects are often irreversible." Nutritionists advise feeding your children a balanced diet

that consists of fruit, vegetables, meat, nuts and seeds, and plenty of whole grains.

## 2) Studying

The key to getting kids to study is to make it fun for them. Luckily there are plenty of online websites that have fun learning activities for kids. Barron's Test Prep is an excellent tool for increasing your child's IQ. For younger kids, try ABC Mouse.

## 3) Establish a Reward System

Having a reward system in place is an excellent way to give your child the proper incentives to display positive behavior. If your child achieves high grades on their report card, treat them to a special reward. An ice cream cone, a new toy or even some extra playtime will motivate your child to continue to excel.

## 4) Solving Puzzles

Puzzles continue to be an excellent way to stimulate the brain's cognitive processes. They exercise the part of the brain responsible for problem solving. In addition to puzzles, riddles are another great way to increase your child's IQ level. Make it a fun family activity that the whole family can get involved in!

## 5) Educational Entertainment

As an American staple, television continues to permeate its way into our society. Luckily, we can use this technology to our advantage. The Public Broadcasting System (also known as PBS) features educational programs designed with children in mind. Your children don't have to be susceptible to mindless TV. You have the power to engage them in educational programs that will stimulate their thinking.

## 6) Creating an Atmosphere for Success

Creating an atmosphere for success is not only good advice for children, but it's also good advice for adults! In order for children to retain as much information as possible, it's vital to eliminate all distractions. Ideally, your child should have an area of study that is away from any TVs, computers, and telephones. It should be a quiet area dedicated to educational purposes only.

## 7) Getting Enough Rest

Burnout is not a good way to increase your child's intelligence. The goal is to challenge your child intellectually without overdoing it. It can be hard to know where the line is. However, the best way to protect your child from being overburdened with stress is to make sure they have plenty of rest. Make sure they get enough sleep every night and that they take breaks every so often.



<http://goo.gl/FdIJFf>

**Books by the Foot** sells boxes of children's books for a significant discount. These are like new books that are in very good to new condition. Books are ordered "by the foot" so each order has a different number of books. Books can be ordered in a general "grab bag" that has books suitable for multiple age ranges or in grade ranges for a specific age groups (toddler-PK; K-2; 3-5; or 6-8). Other choices include Inspirational & Bible Themed, Jewish Books, I Care Packages-Children's New Premium Hardcovers, Children's New Non-fiction and Modern Children's Hardbacks. Prices range from \$14.99 per foot to \$29.99 per foot. There are also some ordering requirements and limits so be sure to read the information through completely. They do not offer discounts to teachers but they do offer payment options to schools. Shipping varies by destination and order size. Although you do not get to select the books you want, at the prices they are offering this is a great way to build classroom libraries, purchase books for afterschool programs or get books for school giveaways or classroom prizes.



Ramsey Binnington &  
Mitchell Beck

Full article  
[https://www.reclaiming.com/  
content/LSCI\\_Carry\\_In](https://www.reclaiming.com/content/LSCI_Carry_In)

## LSCI: Kids Who Carry In Problems from Home

*Stressful events in the home or community often spill over into the school. Life Space Crisis Intervention (LSCI) is an advanced, interactive therapeutic strategy for turning crisis situations into learning opportunities for children and youth with chronic patterns of self-defeating behaviors.*

Natalie is a nine-year-old fourth-grade girl. She lives with her mother, father, and two older sisters in a small, middle class, suburban community. Natalie enjoys swimming, gymnastics, and reading in her free time. She is a fairly bright girl who is academically ahead of most of her class-mates. Natalie is very aware of this and often points it out to classmates.

Natalie has some social problems. She often appears to be speaking to the other students the way her older sisters speak to her at home—exerting power in a condescending tone. She often seeks to do things quicker and better than her classmates. If I ask a particular student to shut off the lights, Natalie will race to shut them off first. If Natalie is returning a dictionary to the shelf and another student is as well, she will rush to get to the shelf first. It appears that Natalie is constantly engaging in competitive situations in an effort to prove she is better than her classmates. However, it should be noted that Natalie does not mean to be unkind or make others feel bad. When confronted, she is instantly aware of her wrongdoing and remorseful.

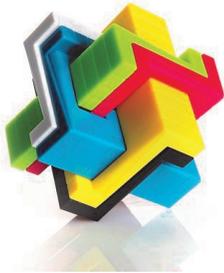
The following situation occurred on a Thursday morning immediately after Natalie entered the classroom. When Natalie found her neighbor's pencil on her desk, she yelled at the student for "always" putting things on her desk, snapped the pencil in half, and threw it. I asked my paraprofessional to begin the language lesson without me and led Natalie to a private area across the hall where we could talk.



**You can't use weather as an excuse.** In the era of technology, snow days are disappearing at one school. A parochial school in Minnesota is experimenting with online school to home classes. An Iowa public school is sending home “blizzard bags” of homework. Read the two different but similar stories both date lined as November 17, 2014.

<http://www.startribune.com/local/282227521.html>

<http://abcnews.go.com/US/wireStory/goodbye-snow-days-students-study-home-26844708>



## Education is vastly different than training

November 10, 2014

Myra Blackmon, Online Athens

<http://onlineathens.com/opinion/2014-11-01/blackmon-education-vastly-different-training>

... Let's get something straight. Education and training are not the same thing. Training is about skills to do something, such as a job or physical task. It implies reaction to certain stimuli or situations. Education is broader than that. It is the acquisition of general knowledge, the development of reasoning and judgment. Education is a much more nuanced, deeper concept than training. It requires understanding of theory, of the “why” of things. It requires much more than just being able to do a task, even a complex one. Jay Cross, who is credited with creating the term “e-learning,” explains it this way: “If your 16 year-old daughter told you that she was going to take a sex education course in high school, you might be pleased. What if she announced she was going to take sex training at school?”



## 10 ways to create engaging schools

November 5, 2014

Laura Devaney, eSchool News

<http://www.eschoolnews.com/2014/11/05/10-engaging-empowering-652/>

Technology integration and project-based learning are two of 10 strategies that one district technology director uses to help educators create engaging schools and classrooms that excite and empower students. Ninety-five percent of kindergartners are truly enthusiastic about school, but for some reason, that enthusiasm wanes, and only 37 percent of ninth graders are enthusiastic about school and learning, said Robert Dillon, director of technology and innovation for the Affton School District in St. Louis, during an edWeb Connected Educator Month webinar. School leaders must find a way to sustain that kindergarten enthusiasm all the way through high school.



<http://www.teachakidtofish.org/>

## Make Meals and Memories Together

Sharing meal time as a family is a great way to connect and share. It takes a little work to bring everyone together for meals, but it's worth it and the whole family eats better. Family meal time is a lesson that children will use for life.



### Making It Happen

**Plan:** Look over the calendar to choose a time when everyone can be there. Write it on the calendar. You may not be able to eat together every day. Try to have family meals at least four times a week.

**Prepare:** Involve the whole family in preparing the meal (even shopping!). Put on some favorite music and have fun! Extra hands make light work!

**Enjoy:** Focus on the meal and each other. Take phone calls later (and be sure the TV is off!). Talk about fun and happy things. Try to make meals a stress-free time.

### Tips for Making Family Meals Easier

- Prepare meals for the week on Sunday. Freeze them for quick meals throughout the week.
- Ask older children to wash vegetables. They will enjoy eating them more if they helped prepare them.
- Use the crock-pot to slow-cook stews, soups, and roasts. Come home to great smells and tastes.
- Kids love picnics anytime, even in the winter. Spread a blanket on the floor. *Hint: Even left-over food tastes great when served picnic style.*
- Turn off the TV so you can focus on your family.



### Museum of Nebraska Art presents, *George Catlin's North American Indian Portfolio* August 19 – December 7, 2014

George Catlin (1796-1827) was among the earliest artists to venture to the West where he undertook eight years of field research and visited 48 tribes to produce a rich record of Native Americans. Comprised of 36 images, the Museum of Nebraska Art is proud to feature its Catlin Portfolio in its entirety. Catlin wrote, "The history and customs of such a people, preserved by pictorial illustrations, are themes worthy the lifetime of one man..."

For more information contact the Museum at (308) 865-8559.

# November is



Fantastic resource portal project of the Library of Congress. You will find information from the following: <http://nativeamericanheritagemonth.gov/collections/index.html>

Library of Congress  
National Archives  
National Endowment for the Humanities  
National Art Gallery  
Smithsonian Institutes  
And a resource list of other collections

## Native American Pre-K through 12 Curriculum

[www.lessonsofourland.org/](http://www.lessonsofourland.org/)

### The Curriculum and How You Can Use it

Lessons of Our Land is designed to make it easy for Pre-K through Grade 12 teachers to incorporate Native American stories, lessons and games into regular classroom instruction. This interdisciplinary Indian land curriculum was designed to align with existing state standards and is adaptable to include the history and culture of a region's Indian nations. While Lessons of Our Land positions Native American tribal issues and values at the forefront, the curriculum emphasizes the fundamental relationship between land and people in general, not just Native Americans.

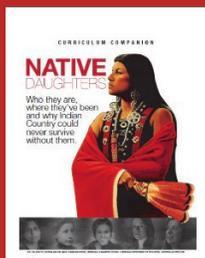
**Additional Resources** PBS <http://goo.gl/qn81o5>

Native Stories (division of Visionmaker)  
<http://www.nativetelecom.org/>

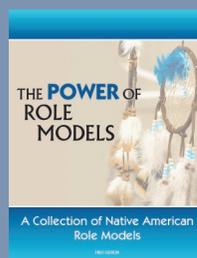


Nebraska Department of Education/Multicultural Office is producing and partnering with several agencies to provide quality eBook materials for your classroom. eBooks from outside resources are also available on our webpage. Watch as we grow to include all cultures in Nebraska. All books have a pdf version. So don't let the eBook scare you away—there is something for all. Visit [www.education.ne.gov/mce](http://www.education.ne.gov/mce) or [www.education.ne.gov/nebooks/ebook\\_library.html](http://www.education.ne.gov/nebooks/ebook_library.html) for your FREE download.

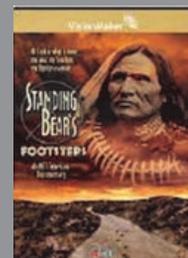
Native Daughters includes healers and warriors, story tellers and law makers, leaders, environmentalists and artists. The curriculum companion includes classroom activities, resources and handouts. Watch the movies, listen to their stories. Complete interactive guide that accompanies the Native Daughters' Magazine. Written and designed by Nebraska educator's, this iBook needs to be on every educator's shelf.



Developed from the University of Nebraska Medical Center SEPA project Role Models in Your Community poster sets. Native American role models from the United States include environmentalists, radiologists, nurses, doctors, teachers, dentist, agricultural managers, firefighter, astronaut, marine biologist, laboratory technicians, physicists and more. Read why they chose their field and the skills required. College of study, tribal affiliations and their home towns are all interlinked to give the reader a true journey of the role model. A few videos are sprinkled in to for more interaction. Additional pages for each profession include teaching points, suggested books and alignment to Nebraska, South Dakota and American Indian science standards.



Produced by NET in partnership with VisionMaker Media. The PBS documentary *Standing Bear's Footsteps* tells the story of the Ponca people who were forcibly removed from their northern Nebraska homelands and sent to Oklahoma. This eBook brings together content from the film, the film's educational website, and a series of short new essays in an interactive presentation. This eBook is easily adaptable to the classroom. To assist educators, a teacher resource section has been included.

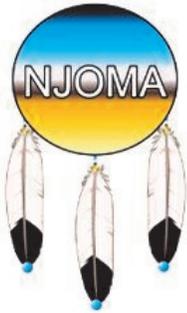




Mark the date for May 27-28, 2015  
at Norfolk Middle School.

NOMINATE NOW your middle level  
administrator or teacher.

<https://nmla.shutterfly.com/>



**2015 NJOMA Conference**

*"JOM Recipe for Success: Parent, Student and  
Teacher Collaboration"*

Portland, Oregon

March 29 - March 31, 2015

**Portland Marriott Downtown Waterfront**

1401 SW Naito Pkwy., Portland, OR 97201

1-503-226-7600 | 1-800-228-9290

<http://goo.gl/H7JTyM>

Teacher/School Grant

**Fund for Teachers**

Direct grants to support summer learning  
opportunities of your own design.

**\$5,000 maximum**

**Teachers grades PreK-12, minimum 3  
years of teaching full time and spend at  
least 50% of time in the classroom if grant  
is approved.**

General Website

<http://www.fundforteachers.org/apply.php>

Nebraska Information

[http://www.fundforteachers.org/apply/guidelines/  
nebraska/all-other-schools/index.php](http://www.fundforteachers.org/apply/guidelines/nebraska/all-other-schools/index.php)

[www.education.ne.gov/mce](http://www.education.ne.gov/mce)



Newsletter Editor: Carol Rempp  
carol.rempp@nebraska.gov

Co-editor, Layout/Design: Peg Kirby  
peg.kirby@nebraska.gov

It is the policy of the Nebraska Department of Education not to discriminate on the basis of gender, disability, race, color, religion, material status, age, national origin or genetic information in its education programs, administration, policies, employment or other agency programs.

301 Centennial Mall South  
Lincoln NE 68509

402 471 2960

[www.education.ne.gov/mce](http://www.education.ne.gov/mce)